# *Dr MATTHEW JENKE*

**Anaesthetist MBBS FANZCA GChPoM**

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## Welcome to the anaesthetic part of your surgery.

My role is to keep you safe and comfortable during and after your surgical procedure. I often call my patients in the days leading up to their procedure so please save the above mobile number to your phone. This call **does not** incur an extra fee and plays an important role in ensuring you have a good anaesthetic experience.

## Preparing for your procedure under anaesthesia:

1. Please do not eat for 6 hours before your procedure.
   You may drink up to 200 ml of clear fluid each hour until 1 hours before your procedure. Hydration is important.
   (Clear fluid is water, black coffee, black tea or clear apple juice (Not fizzy or cloudy drinks).

2. Usually, most medicines should be able to be taken on the day of surgery with the exception of diabetes medicine, anticoagulants and antiplatelets. If you have any concerns about your medications please contact me via email or SMS early.
   Medicines for **diabetes** (tablets and insulin injections) – There are different times at which these medicines need to be stopped prior to surgery. Please seek instruction for your specific medications.
   Medicines to thin the blood (**anticoagulants and antiplatelets**) – Check with your surgeon whether these need to be stopped. Blood thinners can be continued for some procedures but for others they need to be stopped. The timing of stopping blood thinners is important.

3. I will explain how your anaesthetic will be administered to you on the day of your procedure.
   Usually this is by the injection of anaesthetic medicines through a small intra-venous cannula (drip).

4. The major complications of anaesthesia are **very rare**:
   - Allergic reactions
   - Awareness
   - A heart attack
   - A stroke

   The minor complications of anaesthesia are also **rare**:
   - Injury to teeth, tongue, lips, throat, eyes
   - Nausea or vomiting after the procedure
   - Some discomfort at the procedure site

## After your Procedure

- You will remain in the Theatre Recovery Area until you are awake and comfortable.
- Let the Recovery staff know if you need extra medicine for comfort.
- When you are ready – you will be moved to a Recovery Lounge or overnight ward
- If you are booked for a Day Surgery - please ask a responsible friend or family member to drive you home after your surgery. Do not drink alcohol, drive a car, operate machinery or sign legal documents for 24hrs after anaesthesia.
- Please also have access to a friend or family member to assist you on the night following the surgery should you need to return to a hospital for any reason (Emergency Department of Royal Darwin Hospital.)

## Anaesthesia Fees

- The fee for the anaesthetic is paid separately to the fees for the surgeon and the fees for the hospital.
- I use lower fees than those set by the Australian Medical Association (AMA Rate).
- Patients with private health insurance will have a Gap fee ranging between $150 - $500.
- Patients without private health insurance will have an upfront payment an can then claim a rebate back from medicare. Please contact me for a quote early if you do not have private health insurance.
- Payments, quotations and health questionnaires are completed via the **Anaemate** secure online billing platform (anaemate.com.au) from **TCI Health Pty Ltd**. Most communication will be via SMS. Alternate methods can be arranged if necessary.

## Anaesthetic Questionnaire

Please either complete this questionnaire and return it to Dr Matthew Jenke at mattjenke@gmail.com or complete the online questionnaire via the Anaemate platform once you have been sent your prompt via SMS.

| Name |
|---|

| **Age** (years) | | **Mass** (kg) | | **Height** (cm) | |
|---|---|---|---|---|---|

| What procedure are you having? |
|---|

| Please list your regular medications: |
|---|
| Do you have Sleep Apnoea or use a CPAP machine? |

| Do you have asthma or COPD (chronic obstructive pulmonary disease / emphysema)? |
|---|
| Have you ever had a stroke or TIA (Transient Ischaemic Attack)? |
| Do you have diabetes? |
| Have you ever had a heart attack or angina chest pain? |

| What **previous procedures** have you had under anaesthetic? |
|---|

| Do you have any comments about this or **previous anaesthetics**? |
|---|

| Has anyone in your **family** had a problem with an anaesthetic? |
|---|

| Have you ever been a **smoker?** Yes / No Number cigarettes / other per day? When did you stop? |
|---|

How many alcoholic drinks do you drink in an average week?

Do you give your **consent** to have an anaesthetic? Yes / No

Any **other comments**?

Would you like a phone call **prior** to your anaesthetic? This **does not** incur a fee. Yes / No

Do you have any allergies?

_____ _____

Signature Date